

Clothes and fashion

Visual stimulation

Describe one of the models and say if you like it or not. Give your reasons.

Distinguish accessories for women and men.

Talk about casual and smart clothes, the reasons for wearing them.

Topic

1. The importance of clothes for people.
2. Explain clothing influenced by different seasons and weather.
3. Name casual clothes and accessories, choose outfit for different occasions (to work, to school, to the beach, to mountain, to bed, to church, to birthday party...
4. Give examples of choosing suitable clothes according to age, taste, style, mood, possibilities, fashion. Mention clothes care.
5. Talk about fashion designers and fashion shows and fashion nowadays (colours, style).
6. Give your opinion about the saying 'Clothes make the man', compare buying clothes in a clothes shops and at dressmaker's.
7. People of different age groups and their attitude to fashion.
8. What clothes did you wear at your Ribbon party?
9. Your attitude to fashion.
10. Describe your wardrobe.

Role play:

You have travelled a lot, so you are familiar with various countries and climates. Your friends Mr and Mrs Parker want to stay a few weeks in Egypt and then they plan to visit the northern part of Canada. What clothes would you recommend them? Give reasons for your choice.

1. Clothes are very important for people. On the one hand clothes reveal people's origin, religion and also financial situation. They show our status in the society. They are also a way of self expression. They show our mood, interests and feelings. On the other hand clothing protects our body from cold, sun, rain or snow. People can't walk naked outside. People's attitude towards fashion is quite different. Some people care about themselves and they are willing to spend a fortune on clothes in brand name shops. On the other hand there are people who are not interested in fashion at all. They wear clothes according to their own taste and style. Some people want to be „in“ but cannot afford to buy expensive clothes. They buy imitations or cheaper clothes in markets or in second – hand shops.
2. There is a wide choice of clothes we can wear. It depends mostly on weather what we choose. In summer we all prefer light and airy material such as cotton and silk. We wear short -sleeved or sleeveless shirts, T – shirts, loose blouses, skirts, shorts and sandals. When we go swimming we wear a swimming suit (one or two piece). In winter we wear warmer materials such as wool and nylon. We prefer long – sleeved T – shirts, sweaters, jumpers, pullovers, cardigans, polo neck, jackets, coats, gloves, scarfs and boots.
3. People dress differently for various occasions.

Formal situations such as public parties, balls, ribbon party, wedding require formal and elegant clothes. For women for example: long dresses, high heeled shoes, evening dress. For men for example: tuxedo, shirts, watch elegant shoes.

In some jobs people wear uniforms, white coats, costumes. And some people wear in their jobs casual clothes, such as jeans, blouses, trousers, shirts, skirts.

Teenagers ususally wear to school jeans, trousers, T – shirts, sneakers, blouses, jumpers, cardigans.

When we go to the beach, we usually wear swimming suit, bikini, flip – flops, hat and sunglasses.

When we go to the mountains usually it depends on the weather what we will wear. When the sun is shining we wear some T – shirts with shorts and we have mountain

shoes. When the weather is not very good we wear tracksuit or some pants and long – sleeved T – shirts and mountain shoes too.

When we go to bed we usually wear pyjamas, nightdress, underwear or nothing.

When we go to the church we usually wear costume, polo neck, trousers. Some women wear long dresses or long skirt with blouses. And some men wear suit or shirts with tie.

When we go to the birthday party we usually wear formal clothes.

4. Children often wear clothes that are prepared by their parents. Parents also buy these clothes for them. Children prefer comfortable clothes to kindergarten or to school. Boys like wearing jeans, trousers and T – shirts with heroes, cartoons, cars and animals. Girls like wearing skirts and dresses with princesses.

Young people often experiment with different combinations of colours and design. Some of them prefer sport clothes, elegant clothes or casual clothes.

Adults spend a lot of time at work so they need to choose clothes according to their profession. They also choose clothes according to the age, some wear old – fashioned but many of them want to look young and stylish.

Clothes Care:

Read Care Labels: Follow the care instructions on the garment's label. Different fabrics require specific care, such as handwashing, dry cleaning, or machine washing.

Storage: Hang delicate items to prevent wrinkles. Fold heavier items to avoid stretching. Use garment bags for special occasion pieces.

Regular Maintenance: Repair loose buttons, fix small tears, and address stains promptly. Regularly check for signs of wear and tear.

Proper Washing: Sort clothes by color and fabric type. Use the appropriate detergent and water temperature. Avoid overloading the washing machine to maintain the integrity of the fabrics.

Storage Environment: Store clothes in a cool, dry place away from direct sunlight to prevent fading and discoloration. Consider using moisture-absorbing packets to prevent mildew in humid environments.

5. Fashion changes very fast and sometimes it is quite difficult to say what is still trendy or what is already out of fashion. People can follow new fashion trends through fashion magazines such as Cosmopolitan or Vogue or from fashion shows. Fashion is created by fashion designers. They invent new styles, patterns and look for new interesting combinations. Names such as Calvin Klein, Versace, Chanel, Gucci, Dior are known all

over the world. New models are presented at fashion shows and inspire many fashion lovers.

6. Some people can agree and some people can disagree. There are certainly places in society where clothing is an important part of a person but I think that clothing is not the most important thing and people should not be guided by it.

Buying clothes in a clothing shop and from a dressmaker offer different experiences, and each option comes with its own set of advantages and considerations. Here's a comparison:

Buying Clothes in a Clothing Shop:

Pros: Clothing shops typically offer a wide range of styles, sizes, and brands, providing customers with a diverse selection. It's convenient to find different clothing items under one roof.

Pros: Ready-made clothes are often more affordable compared to custom-made garments. Sales, discounts, and promotions are common in retail stores.

Pros: Clothing shops quickly stock up on the latest fashion trends, allowing customers to stay current with styles.

Cons: Mass-produced clothes may compromise on quality and durability. Standard sizing may not cater to individual body shapes perfectly.

Cons: Finding the perfect fit might be challenging, and alterations may be needed. Styles may be limited to current fashion trends.

Buying Clothes from a Dressmaker:

Pros: Dressmakers offer the opportunity to create custom-fitted garments, ensuring a perfect fit. Customers can choose fabrics, styles, and details to suit their preferences.

Pros: Dressmakers often prioritize quality over quantity. The attention to detail and craftsmanship can result in higher-quality garments that are made to last.

Pros: Dressmakers can create one-of-a-kind pieces tailored to individual tastes. This is appealing for those who want to stand out and express their personal style.

Cons: Custom-made clothing is generally more expensive than off-the-rack options due to the personalized craftsmanship.

Cons: The time required for crafting custom garments may be longer, and there may be a waiting period before you can receive the finished product.

Cons: The cost and time involved in creating unique designs may be prohibitive for some customers.

7. Children (0-12 years):

Attitude: Children often rely on their parents or caregivers to choose their clothes. Comfort and functionality are prioritized over fashion trends. Bright colors, playful prints, and favorite characters may influence clothing choices.

Teenagers (13-19 years):

Attitude: Teenagers tend to be more experimental with fashion as they explore and express their identity. They are often influenced by peer trends, social media, and celebrities. Individuality and self-expression play a significant role in their clothing choices.

Young Adults (20-35 years):

Attitude: This age group is typically more fashion-conscious and follows current trends. Young adults often explore various styles to find what suits them best. They might prioritize a balance between comfort, style, and affordability.

Middle-aged Adults (36-55 years):

Attitude: Comfort, practicality, and personal style become increasingly important. Many individuals in this age group may focus on building a more mature and sophisticated wardrobe. Professional attire and versatile pieces for various occasions become key considerations.

Seniors (55+ years):

Attitude: Seniors often prioritize comfort and functionality. However, personal style remains important, and many may continue to embrace current fashion trends while adapting them to their preferences. Classic and timeless pieces become more prevalent.

8. Ribbon party is a celebration that most students look forward to. Everyone strives for perfect appearance and clothes on this day. The girls are wearing beautiful long formal dresses and the boys are wearing elegant suits.
9. Every person has attitude to fashion. Someone takes it very seriously and someone does not care at all. Some go shopping and still have nothing to wear, they are mainly women and some do not enjoy shopping and only buy clothes when they have to. However, I think that clothes form the first impression of a person.

10. Every person has probably the same clothes in their wardrobe.

Clothes for home: tracksuit, leggings, T – shirts, sweatshirts

Clothes for school or work: mostly jeans or trousers and some shirts

Winter clothes: coat, scarf, boots, cardigan

Summer clothes: swimming suit, shorts, T – shirts

Formal clothes: suit, tie, long dresses, high heeled shoes

Role play:

Traveling from Egypt to the northern part of Canada involves a significant climate shift, so it's essential for Mr. and Mrs. Parker to pack accordingly for both destinations. Here's a suggested clothing list:

For Egypt:

1. Lightweight and Breathable Clothing:

Loose-fitting cotton shirts and blouses.

- Linen or cotton pants and skirts.
- Shorts and dresses for warmer days.
- Sun hats and sunglasses for sun protection.

2. Comfortable Footwear:

- Sandals or comfortable walking shoes for exploring.
- A pair of closed shoes for more formal occasions.

3. Sun Protection:

- Sunscreen with high SPF.
- Lightweight scarves or shawls for covering shoulders in conservative areas.
- Lightweight, long-sleeved clothing for added sun protection.

4. Swimwear:

- If they plan to visit coastal areas or enjoy hotel pools.

5. Light Jacket or Sweater:

- Evenings might be cooler, so a light layer is advisable.

For Northern Canada:

1. Insulating Layers:

- Thermal underwear for warmth.
- Insulating layers like fleece jackets or down vests.
- Waterproof and windproof outer layers.

2. Winter Accessories:
 - Insulated gloves and a hat to protect from cold winds.
 - Scarves to cover the face if needed.
 - Thermal socks and waterproof boots for snowy conditions.
3. Heavy Winter Coat:
 - A high-quality, insulated winter coat is crucial for staying warm.
4. Snow Gear:
 - If they plan on engaging in winter activities like skiing or snowshoeing, appropriate gear is necessary.
5. Layering System:
 - The key to staying warm in cold climates is layering. This allows for better temperature regulation.
6. Moisture-Wicking Base Layers:
 - Helps to keep the body dry and warm.
7. Thermal Insulated Hat:
 - A hat that covers the ears for added warmth.
8. Thermal Insulated Boots:
 - Waterproof and well-insulated boots are essential for walking in snow and cold conditions.

Reasoning: The recommendations for Egypt focus on lightweight, breathable clothing suitable for a warm climate. Sun protection is crucial, and comfortable footwear is essential for exploring. For the northern part of Canada, the emphasis shifts to warmth and protection against cold temperatures. Layering is vital to adjust to varying conditions, and high-quality winter gear such as insulated jackets, gloves, and boots are necessary for staying comfortable in sub-zero temperatures. It's important for Mr. and Mrs. Parker to be mindful of the drastic climate change and pack accordingly to ensure their comfort and safety in both destinations.